



SIZING PRO-FORMA

FULL NAME:	EMPLOYEE NUMBER:
STATION NAME OR LOCATION:	
CONTACT NUMBER:	
EMAIL ADDRESS:	

I AM A
(PLEASE TICK THE APPROPRIATE BOX):

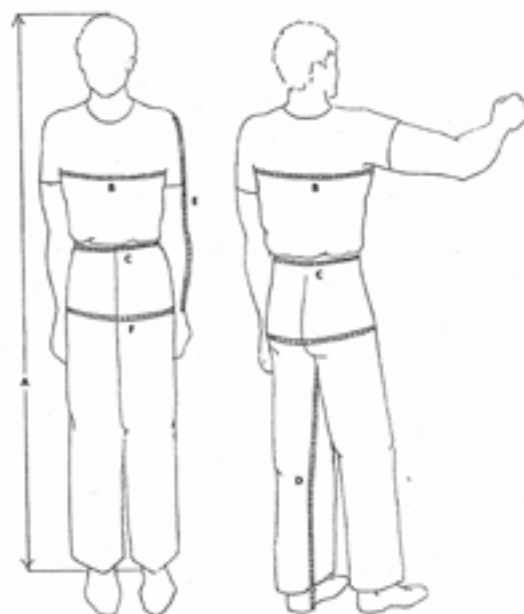
MALE
REQUIRES 5 MEASUREMENTS

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FEMALE
REQUIRES 6 MEASUREMENTS

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		GUIDE TO TAKING THE MEASUREMENT	MEASUREMENT (in CM)
A	HEIGHT	Crown of head to floor	
B	CHEST	Circumference of fullest part (both arms down relaxed a side)	
C	WAIST	Circumference of natural waistline between lowest rib and hip bone	
D	INSIDE LEG	Crotch to floor	
E	SLEEVE LENGTH	End of shoulder bone to outer wrist bone (arm relaxed at side)	
F	HIP	Circumference of fullest part - about 200mm below the natural waistline	



SIZING SUPERVISOR SIGNATURE	
FIREFIGHTER'S SIGNATURE	

Scan and email to info@paccare.com.au | Fax to (07) 3441 7177
Please retain a copy of this form for your records.



SCAN THIS QR CODE WITH YOUR PHONE FOR A VIDEO PRESENTATION ON HOW TO ACCURATELY MEASURE A FIREFIGHTER FOR THEIR BRISTOL STRUCTURAL ENSEMBLE

TIME AND CARE SHOULD BE TAKEN TO ACCURATELY COMPLETE THE MEASUREMENT PROCESS AND FILL OUT THIS SIZING PRO-FORMA TO ACHIEVE THE BEST POSSIBLE FIT.